

# Please Save Winter Energy



## Lighting

### Turn off Lights

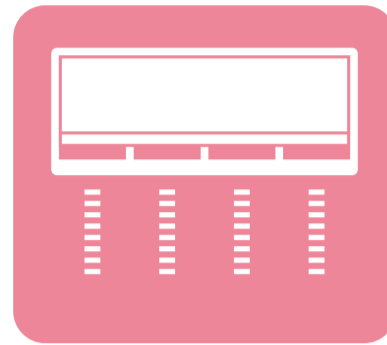
- Turn off unnecessary lights (e.g. at lunch breaks)

### Reduce

- Reduce the number of lights in use

### Energy Management

- Use stickers to remind lights off



## Air Conditioning

### Temperature Control

- Set the room temperature at 19°C

### Turn Off

- Turn off air conditioners when not in use

### Reduce Heat

- Use window blinds, curtains etc



## Office Equipment

### Reduce standby power consumption

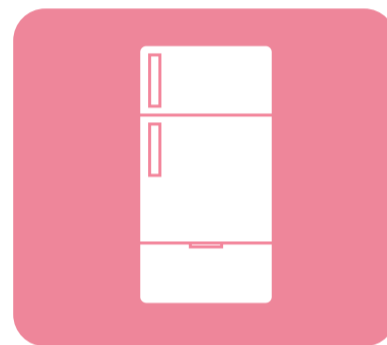
- Set PC and printers in powersave mode

### Turn Off Computer Monitors

- Turn off computer monitors when leaving desks

### Plug Off Electric pots

- Plug off electric pots when not in use



## Teaching and Research Equipment

### Review the Usage of Laboratory Refrigerators/Freezers

- Consolidate and Optimize

### Turn Off Experimental Equipment

- Turn off unused equipment whenever possible

### Review usage of 24-hour operation equipment

- Review the operation timing and duration



## Work Habits

### Encourage "Warm Biz"

- Wear layered clothing and clothes that are made to retain heat

### Usage of Staircases

- Use Staircases for "two-up three-down"



## Others

### Restrooms

- Set toilet heaters and warm water at low temperature